

“OVERTHINKERS”

Has someone ever said: “You think too much. Why don’t you just let it go?
Or, have you ever tried to stop ruminating about something
but just couldn’t do it?”



The Padre Pio Haven of Hope
is a PRAYER and EDUCATIONAL Resource
Website: padrepiohavenofhope.org

Our **Speaker** for our monthly meeting,
on Thursday - October 15, 2026, will be
Father Dwight Schlaline of the historic Sacred Heart Basilica,
located near Hanover, PA
He will be sharing how it **“is possible”** to be free from overthinking.

The meetings always take place, from 1-3pm, on the **3rd Thursday of every month**,
In the STABLE at:
“Christ the King Church”
1102 Hart Rd., Towson, MD
(The attendees are asked to bring a “brown bag” lunch. Drinks will be provided.).

PRAY, HOPE AND DO NOT WORRY